



The YMCA Marathon Club
proudly presents the



WOMEN'S EVENTS

5K AND 10K FUN RUN AND WALK

NEW! Secondary school teams competition!

**Start / Finish at Cornwall Park
Sports Association Club Rooms,
Puriri Drive, Epsom**

SUNDAY 8 MAY 2011



This fun day has been generously sponsored by many local businesses. They have donated spot prizes or services to ensure you have an enjoyable day. Please thank them by supporting their businesses:

- | | | | |
|----------------------|-----------------------------|-----------------------|----------------|
| New Zealand Couriers | Bourneville Furniture Group | Travel Managers | Nice & Natural |
| 10K Sportswear | Post Haste | Antipodes | Horleys |
| Shoe Clinic | DX Mail | New Zealand Magazines | |
| Mizuno | Castle Parcels | Tamara Spa | |

Auckland YMCA Marathon Club - train with us on Sunday mornings. For more information see our website www.ycmamarathon.org.nz; or call 09 303 2068 Sunday Mornings only.



MAJOR SPOT PRIZE: Return tickets for two to Sydney, Melbourne or Brisbane, with 3 nights accommodation Sponsored by Carole Mills, Travel Managers Group and the YMCA Marathon Club.
Special Conditions apply: Offer is valid for travel from 8 May 2011 - 31 March 2012, flights subject to availability at time of booking (high season closeouts may apply). Tickets are non-transferrable and cannot be redeemed for cash.

ENTRY FORM

YMCA Women's Events

Enter: Online at **EnterOnline.co.nz**

Or send your postal entry with entry fee to

c/-Dean Stoltz, Mailbox B-4, AUT University, Private Bag 92006, Auckland 1020.

Please make cheques payable to YMCA Marathon Club.

First name _____ Surname _____

Age _____ Event (pls circle one) 5k run 5k walk 10k run 10k walk

Entry fee \$15.00 incl. GST; \$5 for girls under 15, Late entry fees apply - see below

Total paid \$ _____

Address _____

Phone _____ Email _____

Closing Date

Postal entries close **Friday 29th April 2011**. Do not post any entries after this date.

Online entries close midnight **Wednesday 4th May**.

Entries will be accepted on the day, with a \$5 late entry fee, up to 30 minutes before the event.

Enter early to guarantee your place in this fun event!

DISCLAIMER - 1. My accepted entry will not be transferred to another athlete. 2. In the event of any 'Act of God' conditions causing a cancellation of the event, my total entry fee is not refundable. 3. There will be no refunds after the closing date. 4. Neither the organisers, the sponsors nor other parties associated with the event shall have any responsibility for any liability, financial or otherwise which might arise whether or not by negligence, from any direct or indirect loss, injury or death which might be sustained by me or any other party directly or indirectly associated with me, from my intended or actual participation in the event or its related activities. 5. I authorise my name, voice and picture, and information on this entry form to be used without payment to me in broadcast, telecast, promotion, advertising or in any other way pursuant to the Privacy Act.

Signature _____

Date _____

Photocopies are acceptable.

RUN INFORMATION

Sunday 8 May 2011

- VENUE** Cornwall Park Sports Association Club Rooms, Puriri Drive, Greenlane, off Campbell Crescent, Market Road. Carparking available on Puriri Drive and Market Road, or Alexandra Park Gate F off Campbell Crescent, \$2 donation.
- TIME** Walkers start at 9:00am, Runners at 9:30am. We ask that walkers walk no more than two abreast to allow runners to pass safely. (Walkers - to keep with the spirit of the event, if you intend to run/walk please register as a Runner.)
- ENTRANTS** For women of all ages. Children under 10 yrs must be accompanied by an adult at all times.
- ENTRY FEE** \$15 (\$5 for girls under 15yrs) NO ACKNOWLEDGEMENT will be sent to you.
- SECONDARY SCHOOL TEAMS COMPETITION** Enter a team from your school in the 5k run and compete for the Secondary Girls Team trophy. Winning school determined by the first 6 team members to finish. Teams must enter and pay using a **Team Entry form**. For more information and the **Team Entry form** email dlear@diocesan.school.nz. \$5 per entrant.
- LATE ENTRIES** At the clubrooms from 8:00am until 30 min prior to event start. Late fee \$5.
- REGISTRATION** Event numbers collected on morning of event, must be visible on the front of your T-shirt/Singlet (At the finish put your number in the box for a chance to win a major spot prize)
- CERTIFICATES** Remember your OWN time when you finish for entry onto your certificate. Check the back of your certificate for a Spot Prize number.
- FACILITIES** Changing and shower facilities are available at Auckland Jogger's Club.
- COURSE** See map overleaf; one lap for 5k, two laps for 10k. Course maps will also be displayed in the Registration area. Walkers/runners must keep to the left hand footpath at all times unless otherwise directed by an Event Marshal.
- AID** Aid station on Wheturangi Road will provide water only.
- PRIZES** Major spot prizes will be drawn at the Awards Ceremony which will commence at 11:00am. **YOU MUST BE PRESENT TO CLAIM ANY OF THESE PRIZES.** The course director will collect numbers from any entrant who has not finished their event at that time.

ENQUIRIES Carole Young - 021 622 500
c.young@auckland.ac.nz

Check out the Y Marathon Club - www.ycmarathon.org.nz